

2017/18 Batch
Therapeutics in Pharmacology SGD

Date
10.11.2022 (Thursday)

Time
2.30 p.m. – 3.30 p.m.

Groups

Venue

Lecturer

All

West Lecture Theatre

Dr. Chamara Dalugama

2017/18 Batch
Therapeutics in Pharmacology
10.11.2022 – 2.30 p.m. – 3.30 p.m.
Dr. Chamara Dalugama

A 55-year-old schoolteacher attended his routine diabetes clinic. He is a diagnosed patient with type 2 diabetes mellitus for the last 8 years on oral metformin and gliclazide.

He is found to have a blood pressure of 160/90 mmHg in the clinic. His blood pressure documented 3 months back in the clinic blood is 140/86 mmHg. He was advised to monitor his blood pressure at home and come back in a week.

The following are his home blood pressure readings

Monday- 160/100

Tuesday – 150/96

Thursday- 158/102

The following are his basic investigations

Haemoglobin- 15.6 g/dL

Serum creatinine 1.2 mmol/L

Sodium 134, Potassium 4.8

Urine Full Report Protein + no cells

ECG- left ventricular strain pattern

Describe the management of the newly diagnosed problem in this patient.